

## Why you should call Carranza after a slip and fall

Families are often surprised and overwhelmed by how much an injury can impact their lives and their financial situations. An experienced personal injury lawyer can help you understand your current situation better and explain your legal entitlements.

We can help you understand:

- limitation periods
- putting other parties on notice
- explaining the claims process and the compensation you may be entitled to, such as pain and suffering, loss of income, etc.

## How to avoid a slip and fall

So what can you do to avoid slipping and falling?

- Wear sensible shoes or boots with wide soles that can grip the surface.
- Do not practice “distracted walking”. Pay attention to your surroundings, and watch where you are walking instead of staring at your phone.
- In the winter, beware of icy patches, and know what the weather forecast is (i.e. if it is mild and snow has melted but the forecast is for the temperature to drop — you know to be on alert for ice!)

This brochure is not legal advice. Legal advice requires detailed information about your case. For legal advice please contact Carranza LLP at 416-633-1065.



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A personal injury firm that is actually personal

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What should  
you do if you  
slip and fall?  
**STEPS TO TAKE**

# If you have suffered serious injuries as a result of a slip and fall, you should:

- 1 Take the time to check yourself carefully for injuries. Get up slowly and cautiously only if you can, and call an ambulance if you feel you need immediate medical attention.

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- 2 Take a photo! Make sure to get the area where you fell as well as any visible tears or marks on your clothing caused by the fall. Improvements to unsafe conditions are often made by the owner after an incident occurs to prevent it from happening again, but no record is kept of the situation at the time of the incident. Contemporaneous photographs can be vitally important. 


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- 3 Did anyone see what happened? Write down the names and contact details of any witnesses.

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- 4 Report the incident as soon as possible to the person responsible for the premises.

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- 5 When you have a moment, write down what happened when you fell and where it happened. 

## Steps to take after a slip and fall

- 6 If the incident occurs on public property (government-owned property) you should contact the municipality or local authorities as soon as possible, ideally the same day as strict timelines apply. You must report the incident within 7 or 10 days, depending on the municipality where you live.

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- 7 Find out if there are any security cameras nearby that may have captured your incident.

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- 8 If you fall on a commercial property (e.g. mall or store), make sure an incident report is completed.


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- 9 Seek medical attention immediately.

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- 10 Keep the shoes that you were wearing, and if possible, stop wearing them, so that the condition of the treads at the time of the incident is preserved.

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- 11 Contact a lawyer to explore all your legal options as soon as possible 

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### Notes